



# Training Evaluation Of the All Sessions Five Critical Disciplines Training

A Strength Model for  
Direct Human Service Professionals  
Designed For  
Coalitions and Service Providers

Hosted by

**Luz**

**Community Development Coalition**

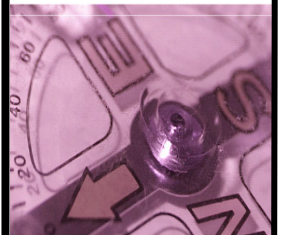
Wednesday, July 7, 2010  
3909 Maryland Parkway Suite 305  
Las Vegas, Nevada 89119

Presented by  
Sherman Rutledge Jr.  
Program Developer & National Trainer  
P.O. Box 270594  
Las Vegas, Nevada 89127  
(702) 648-0889 Cell: (702) 204-3015  
sherman@brainpower.ws

**www.SACommunities.org**



Discipline One  
**Milk, Eggs & Cheese**  
Compassion



Discipline Two  
**Compass**  
Guidance



Discipline Three  
**Brilliant Light**  
Intelligence



Discipline Four  
**Universal Reflections**  
Vision



Discipline Five  
**Radar Screen**  
Excellence

# The Five Critical Disciplines



Milk, Eggs & Cheese  
Compassion



Compass  
Guidance



Brilliant Light  
Intelligence



Universal Reflection  
Vision



Radar Screen  
Excellence

---

A Strength Model for Coalitions and Providers in the delivery of Community & Client Services

Dear Training Attendees:

It was my pleasure meeting you and having the opportunity to present the Five Critical Disciplines during the July 7, 2010 training, hosted by the Luz Community Development Coalition. I would first like to extend my appreciation to Olga Mendoza, Executive Director and Mr. Stavan Corbett, Chief Operations Officer.

You will find the evaluations of all the sessions combined in this document, it was designed to provide a snap shot of the mindset of the training attendees. It will help with your and others thoughts and expectations of the training. Please take a few minutes to review the statements from the participants of the Five Critical Disciplines and reflect on your thoughts as you experienced the training.

As mentioned during the training you will experience numerous reassessments of your personal performance, the training is designed to reinforce your inherent skill-sets and techniques to better serve those entrusted with your professional ability to guide them into productive and life sustaining expectations. The training is designed to help you reinvest in your profession, and transfer that reinvestment to your colleagues, always encouraging others to seek personal development.

Please feel free to contact me and if you would like to bring the Five Critical Disciplines to your agency please feel free to contact me at (702) 648-0889 or by cell at (702) 04-3015. Thank you.

Sincerely,

A handwritten signature in black ink, appearing to read "Sherman Rutledge Jr.".

Sherman Rutledge Jr.  
Founder/Lead Trainer  
The Five Critical Disciplines  
Executive Director  
Strengthening America's Communities™

# The Five Critical Disciplines



Milk, Eggs & Cheese  
Compassion



Compass  
Guidance



Brilliant Light  
Intelligence



Universal Reflection  
Vision



Radar Screen  
Excellence

A Strength Model for Coalitions and Providers in the delivery of Community & Client Services

## Evaluative Responses on Each of the Five Sessions

Responses from training attendees

### Session One:

**What did you like most about the discipline Milk, Eggs and Cheese-Compassion?**

*Reminder to build rapport; demonstrate caring.*

*I am more educated in my work, better skill level.*

*I was reminded that that's where it all starts.*

*Learned new thought processes.*

*It's visualizing.*

*The compassion is the core to our jobs.*

*The ability to expose clients hidden talents & gifts.*

*The focus on racism.*

*It allows Case Managers to relate and speak to their clients on a professional level.*

*I like how important should be deliver trust and meaning in to help others.*

**How can you use the training material in your profession from session one?**

*Spend more time with parents.*

*Continue to use strength based model with clients & co workers.*

*To engage better with clients.*

*Continue to be positive with people.*

*Striking the visual memory to impact for a life time.*

*Remember that all clients need compassion.*

*It helps me to not have any prejudice and to be strong on your values.*

*Speaking up fop inequalities.*

*Helps me to identify my client's basic needs.*

*I can use the discipline from inside to outside clients.*

## **Session Two:**

### *What did you like most about the discipline Compass-Guidance?*

Treat each client where they are, every need to communicate.

I was reminded that we have to look outside of the box with each client.

Encourage those we come in contact with.

Great directional platform.

We can guide clients to feel successful.

Working with people to best meet their potential.

Deep mining six solutions for one problem.

It provides a method by which the clients are directed to resources.

We must understand and feel what we do with feeling and passion.

### *How can you use the training material in your profession from session two?*

To remember each client is unique and they need a unique solution for their issues.

Be reminded that we are here to serve.

Declaring a destination as clients undergo programs.

Assist clients to find added resources.

Help understand at any point anytime e where you are.

I will care more of what I do helping others.

## **Session Three:**

### *What did you like most about the discipline Brilliant Light-Intelligence?*

Realizing their reality & potential.

Meet client where they are respond with compassion.

Each person is equipped with a unique intelligence level.

Remind those of the gifts & talents they have.

Intelligence needs to be learned.

Working with someone's intelligence and showing them they do have unique gifts and talents.

Appreciating individual intelligences.

Our intelligence is endless and can be expanded until you want.

***How can you use the training material in your profession from session three?***

Allow clients individual needs to be met and recognized.

Learn the client's talents and expand on them.

Continue to encourage those in need.

As I gain added learning (school) I can better assist clients.

I can help people bring their gifts to the surface.

I will read and research for more techniques and material to work with my clients.

## **Session Four:**

***What did you like most about the discipline Universal Reflection-Vision?***

How we are all part of one another.

Assist client in finding their voice, reflect on possibilities reflections.

Look beyond today, the future has possibilities.

Remind those we serve all of the possibilities.

It's making the client think "Self Actualization.

That each individual has their own vision.

That everyone has the potential to do and be the best that they can be for themselves.

I will make certain that my clients have a vision for their future, productive.

We must unify with each others to make a difference.

***How can you use the training material in your profession from session four?***

Be open for all client possibilities.

Help clients see the big picture.

Lead in a positive direction.

Listen to each client and how they envision themselves improving.

Work with people and show them avenues they can to be the best they can be.

I will encourage them to follow their vision.

I will look for the community in Nevada and see how else I can help.

## **Session Five:**

### **What did you like most about the discipline Radar Screen-Excellence?**

*Try to address all needs – follow up.*

*I believe this radar screen is critical to direct services.*

*Give people hope.*

*We should not believe it is okay to fail – someone gets hurt.*

*You never have the option to make a mistake it could be someone's life, pay attention always.*

*Understanding that we do not have the option to fail our clients.*

*Improve our service every day is necessary to see the produce*

### **How can you use the training material in your profession from session one?**

*Wrap around services.*

*Recognize where my clients fits on the screen.*

*All aspects of my professions assisting people from all background and walks of life*

*Remember to assist each client individually so all can success.*

*Always pay close attention.*

*By keeping up with my clients after they have left my sphere of influence.*

*I will collaborate with my agency and future to give my knowledge and strength to others.*