

# Training Evaluation Of the Five Critical Disciplines Training

A Strength Model for  
Direct Human Service Professionals  
Designed For  
Coalitions and Service Providers

Hosted by

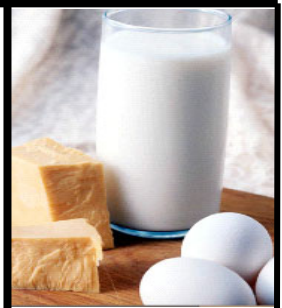
**Luz**

**Community Development Coalition**

Wednesday, July 7, 2010  
3909 Maryland Parkway Suite 305  
Las Vegas, Nevada 89119

Presented by  
Sherman Rutledge Jr.  
Program Developer & National Trainer  
P.O. Box 270594  
Las Vegas, Nevada 89127  
(702) 648-0889 Cell: (702) 204-3015  
sherman@brainpower.ws

**www.SACommunities.org**



Discipline One  
**Milk, Eggs & Cheese**  
Compassion



Discipline Two  
**Compass**  
Guidance



Discipline Three  
**Brilliant Light**  
Intelligence



Discipline Four  
**Universal Reflections**  
Vision



Discipline Five  
**Radar Screen**  
Excellence

# The Five Critical Disciplines



Milk, Eggs & Cheese  
Compassion



Compass  
Guidance



Brilliant Light  
Intelligence



Universal Reflection  
Vision



Radar Screen  
Excellence

---

A Strength Model for Coalitions and Providers in the delivery of Community & Client Services

Dear Training Attendees:

It was my pleasure meeting you and having the opportunity to present the Five Critical Disciplines during the July 7, 2010 training, hosted by the Luz Community Development Coalition. I would first like to extend my appreciation to Olga Mendoza, Executive Director and Mr. Stavan Corbett, Chief Operations Officer.

You will find the evaluations attached, it will provide you with another perspective of the training and what your colleagues think. As mentioned during the training you will experience numerous reassessments of your personal performance, the training is designed to reinforce your inherent skill-sets and techniques to better serve those entrusted with your professional ability to guide them into productive and life sustaining expectations. The training is designed to help you reinvest in your profession, and transfer that reinvestment to your colleagues, always encouraging others to seek personal development.

It doesn't matter if you are a Director, Manager, Case Manager, Guidance Counselor, Social Worker or a person who has the responsibility of guiding America's resident, the Five Critical Disciplines can be of great benefit if it is accepted with an open mind and a desire to strive to deliver the best possible services available.

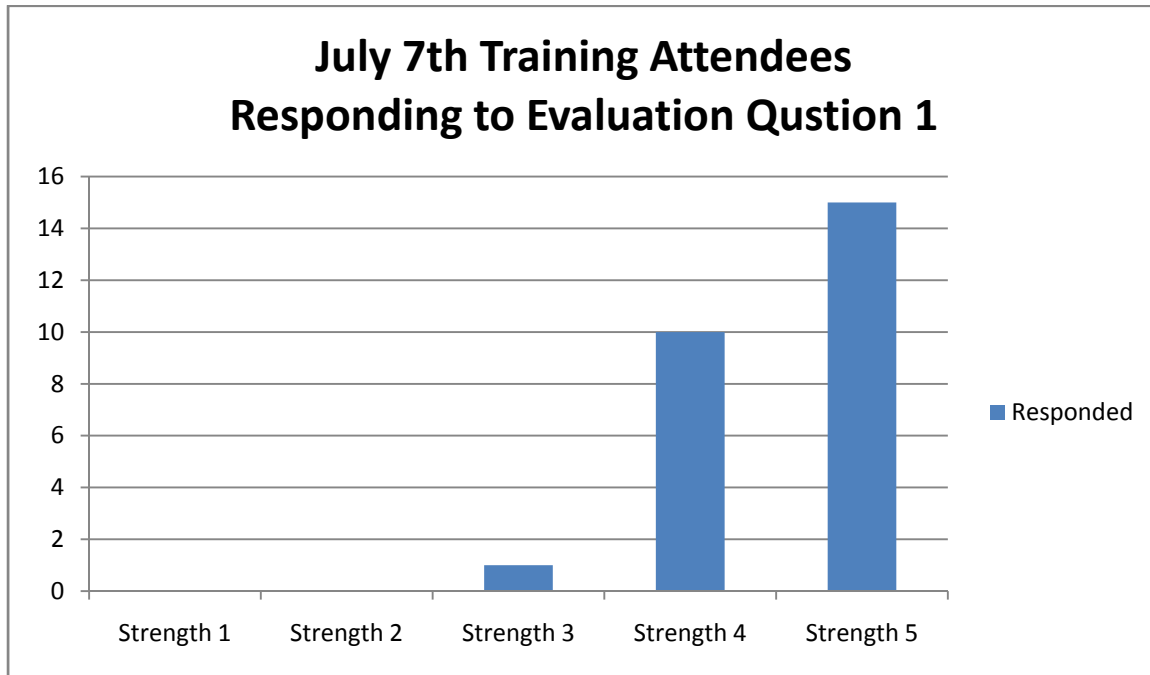
Please feel free to contact me and if you would like to bring the Five Critical Disciplines to your agency please feel free to contact me at (702) 648-0889 or by cell at (702) 04-3015. Thank you.

Sincerely,

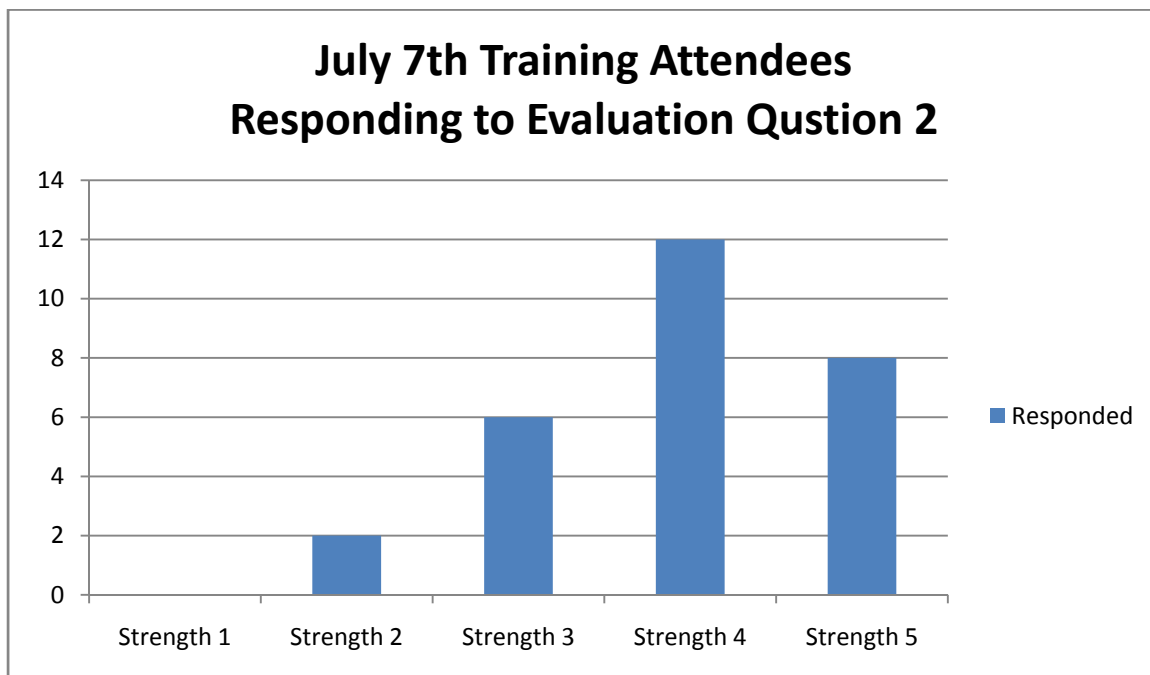
A handwritten signature in black ink, appearing to read "Sherman Rutledge Jr.".

Sherman Rutledge Jr.  
Founder/Lead Trainer  
The Five Critical Disciplines  
Executive Director  
Strengthening America's Communities™

1. Was the presenter knowledgeable about the training material? 1 2 3 4 5

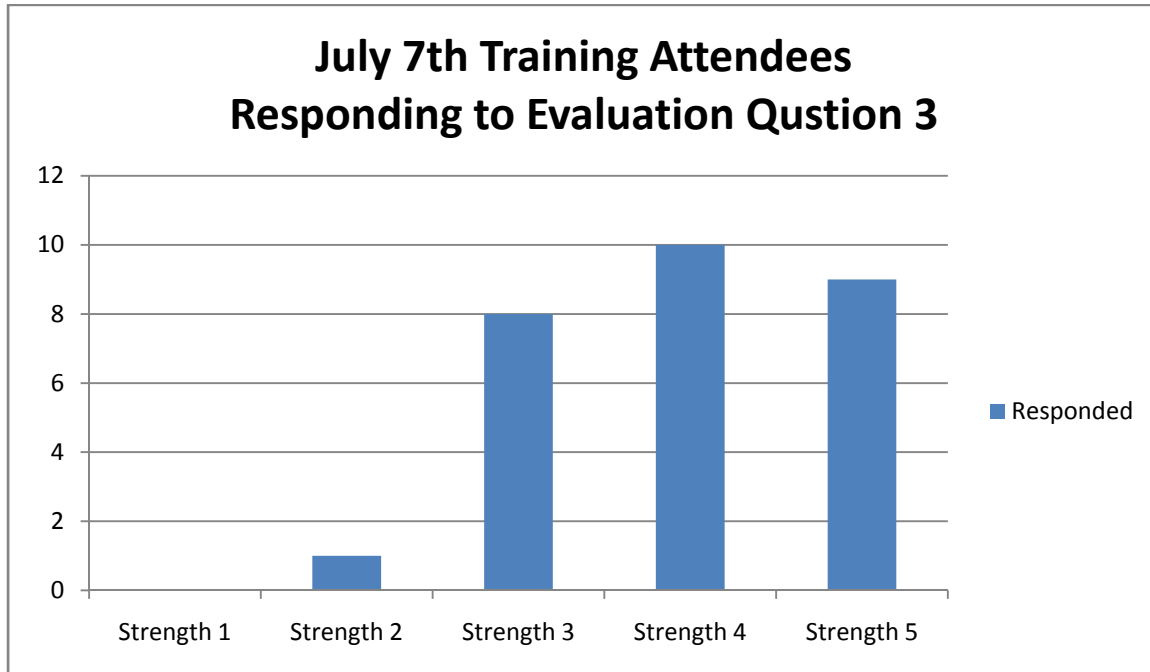


2. The presenter was well prepared and organized. 1 2 3 4 5



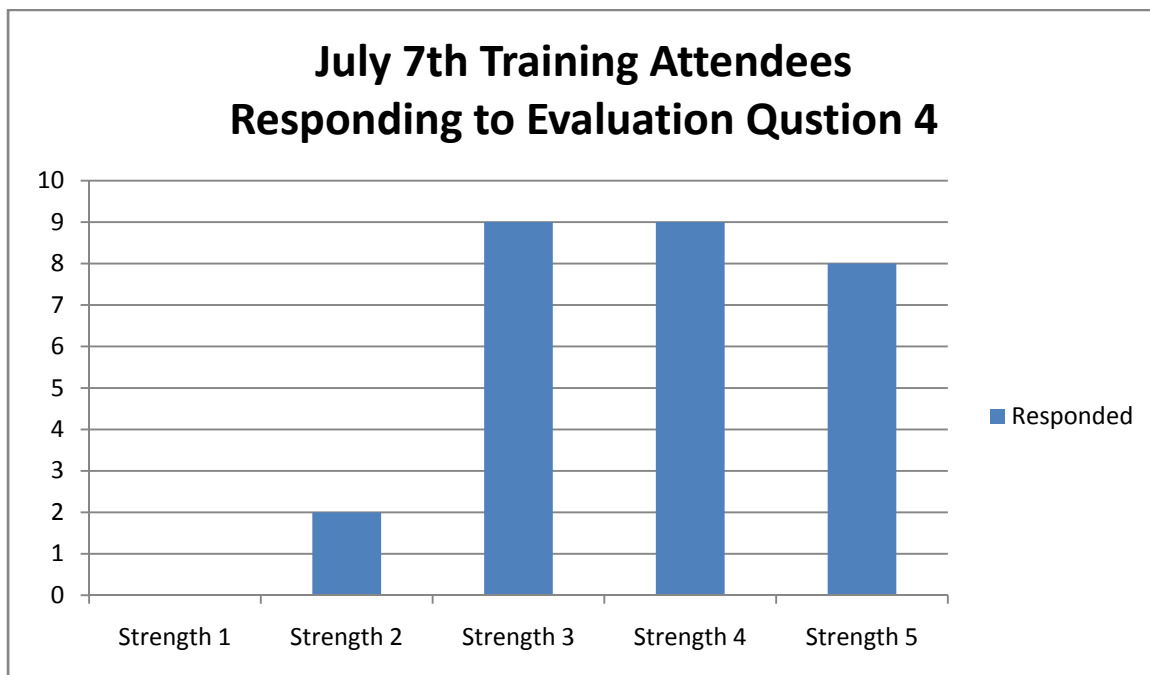
3. Did the core material paint a realistic picture?

1 2 3 4 5

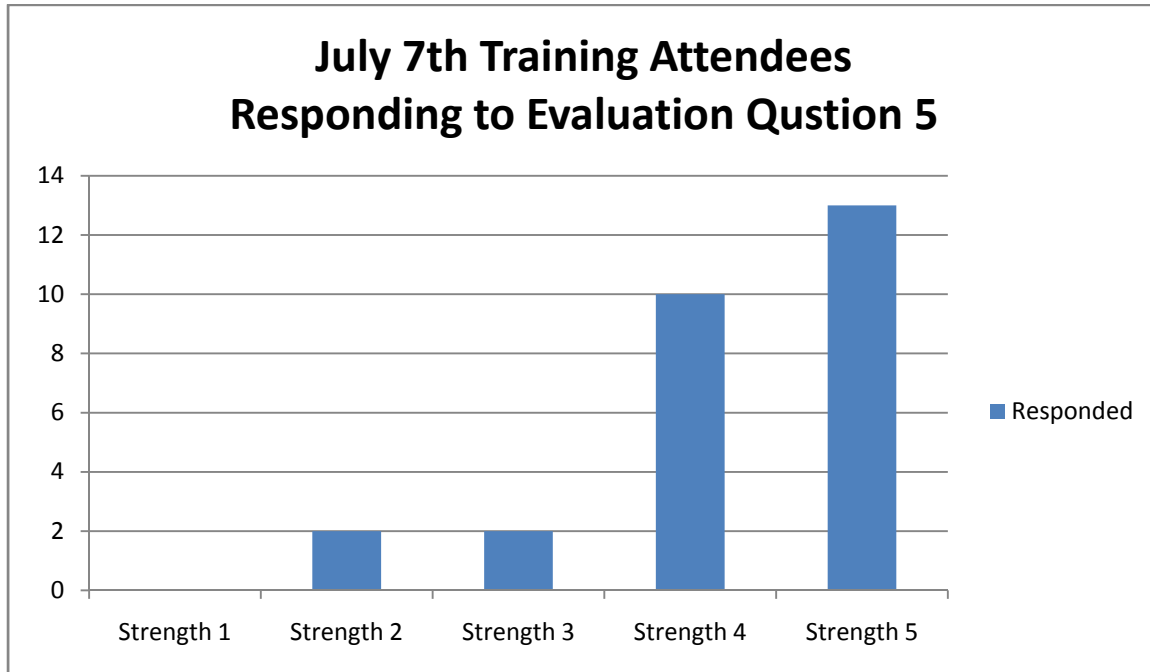


4. The worksheets and materials were effective?

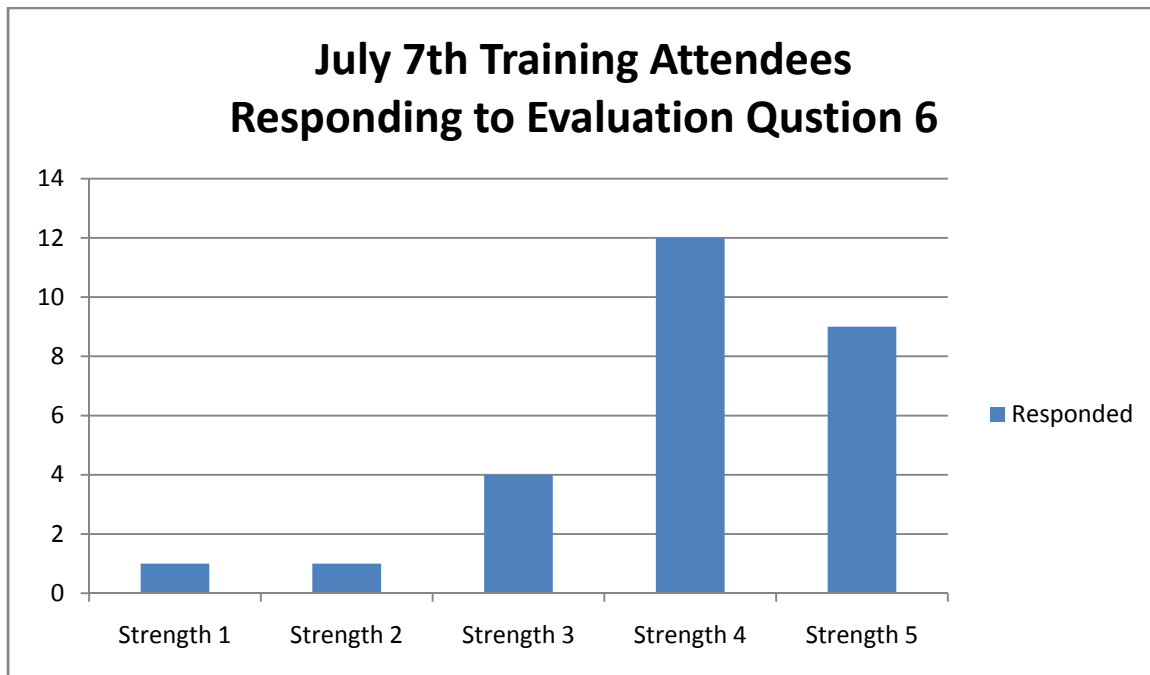
1 2 3 4 5



5. The training discussions were valuable to my profession. 1 2 3 4 5

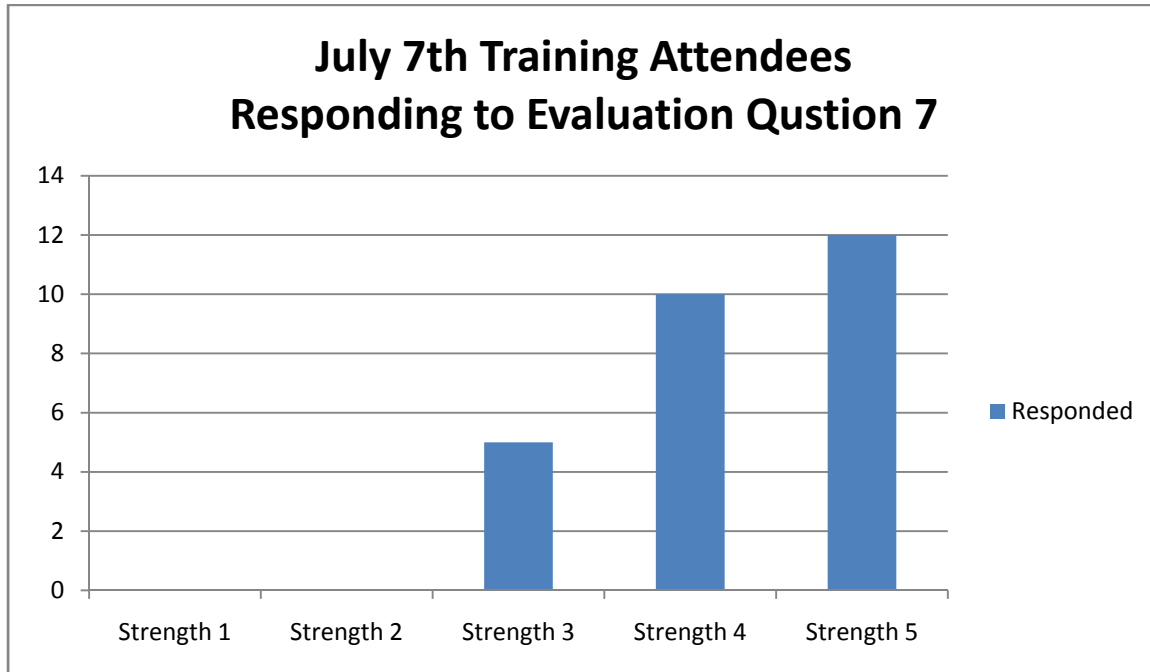


6. The sessions held my interest throughout. 1 2 3 4 5



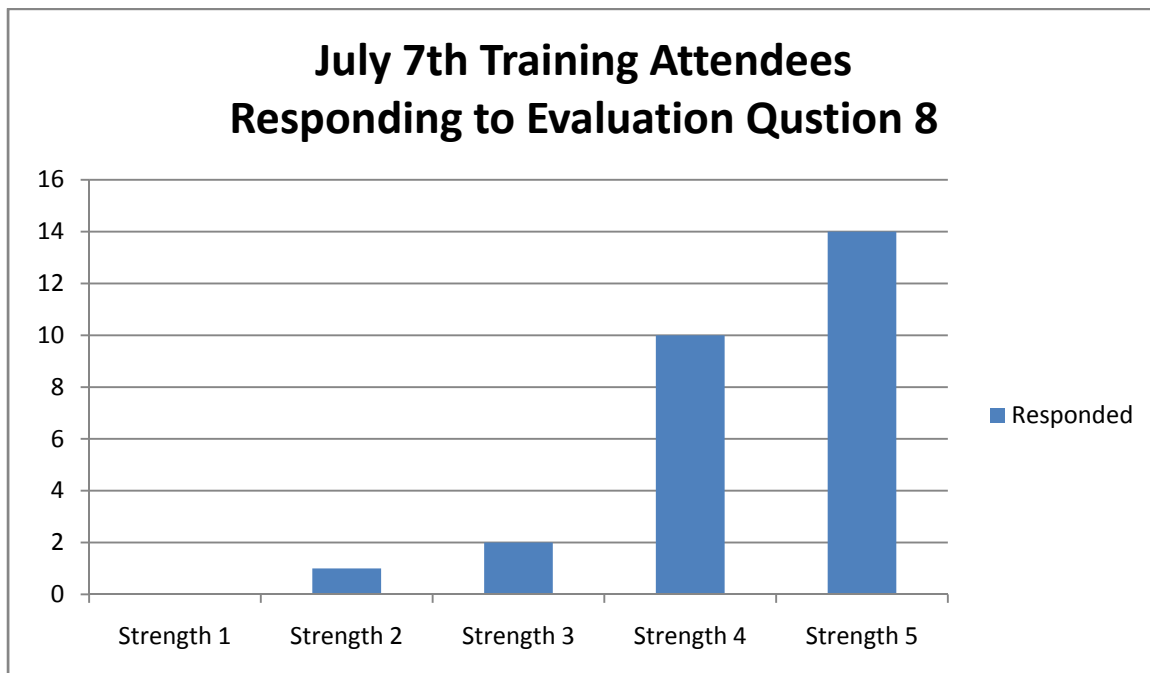
7. The content was relevant to my profession.

1 2 3 4 5



8. I gained valuable information that I can and will use.

1 2 3 4 5



9. The training helped me to:

- Look at things differently
- Be aware of my effect on clients.
- Open my thoughts
- Understanding how important my role is and the need for human services.
- Add new dimensions to my profession.
- Think about why I do what I do.
- Better guide people.
- Focus more on learning more.
- Reevaluate my skills.
- Understand the value of my career.
- Create and develop community programming.
- Understand and see things differently.
- Think outside of the box.
- Remember basic values.
- Re-energize.
- To be OK with my compassion.
- Break down specifics.
- Re-establish my commitment.
- Learn more how to deal with individual's feelings different situations.
- Reassure my communication skills.
- Figure out a different approach.

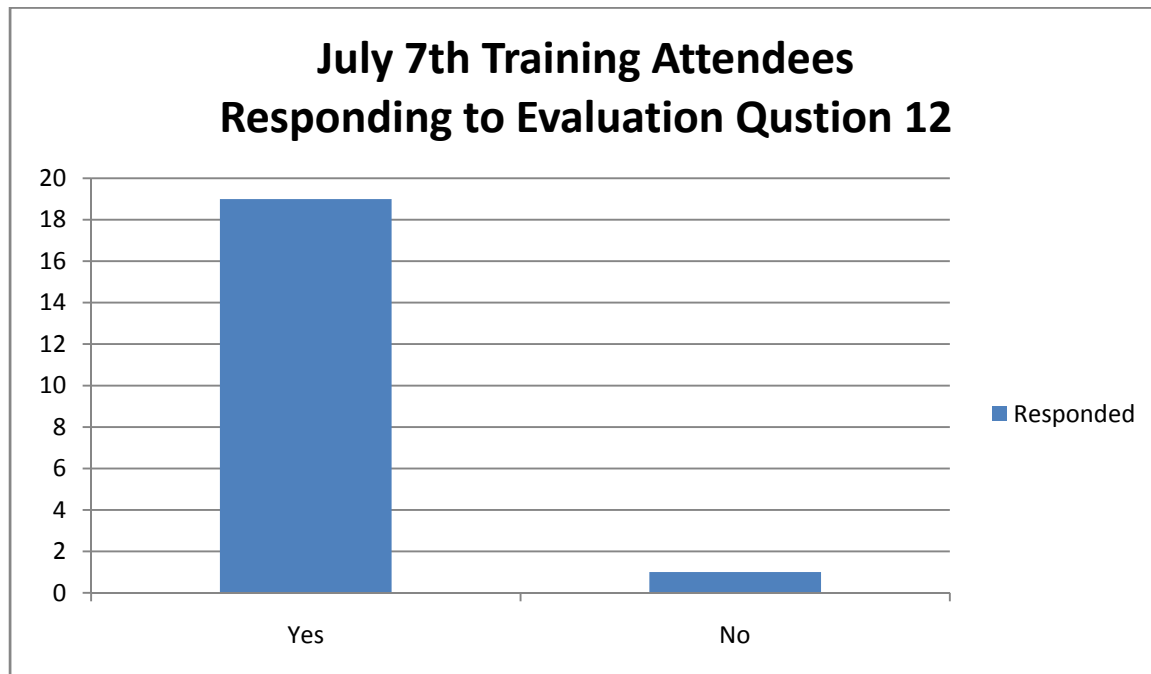
10. What I liked least about the training was:

- The papers were loose
- Not enough time
- Enjoyed it all.
- Nothing, all information is useful.
- Nothing.
- Rushed no clear focus.
- Not enough time.
- Time management/participation.
- No introduction by peers.
- It was so long.
- Needed more time.
- It will be better organized
- Audience discussion.
- I wanted a booklet.
- Interactions.
- Rushed.
- Sitting in these hard chairs.
- Confusion as to how to use the worksheets.
- Very little activity.
- Too many sheets not in order.
- Need a booklet.

11. Something that I will do differently in my personal profession as a result of this training is:

- Have compassion
- Use more case studies
- To become more interested in my clients, and follow up with them.
- Speak up
- Always remember how important my role is as a individual in helping others.
- Continue to attend to those in need.
- Meditate before I meet with each person and find out what their specific need are first.
- Talk to people all alike, eliminate prejudice feelings.
- Continue to learn.
- Expose management to the 5 Critical Disciplines.
- Apply myself to the community and develop caring programs to strengthen our communities.
- To think more about the decisions I make.
- Be a better compass and guider.
- Spend more time with each family.
- Let my feelings be known.
- Look more at the client's background.
- Self evaluate.
- Take notes carefully, watch the prejudice parts, I now think a little different about that.
- Remember that each client is unique and their services need to be unique to them.
- Have more empathy.
- Follow up with clients.
- Seek the help of more agencies to accomplish the mission to have clients become viable members of society.

12. Did the training meet your expectations? Yes 19 No 5

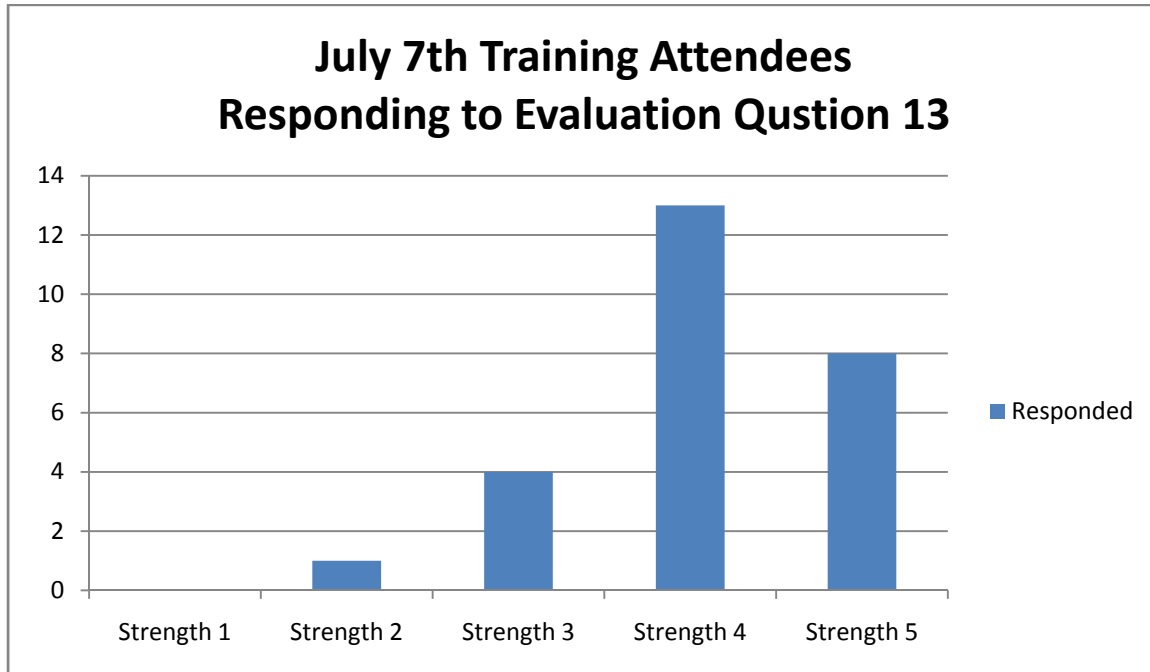


Explain:

- It was good.
- Expectations anyone working with clients' such as ours should be required to attend.
- Very well detailed and informative.
- This training was exceptional.
- Rushed, spend too much time listening to individuals in class rather than instructor.
- Good presentation.
- To rushed and felt short.
- It was awesome.
- Was rushed.
- Need more resource info.

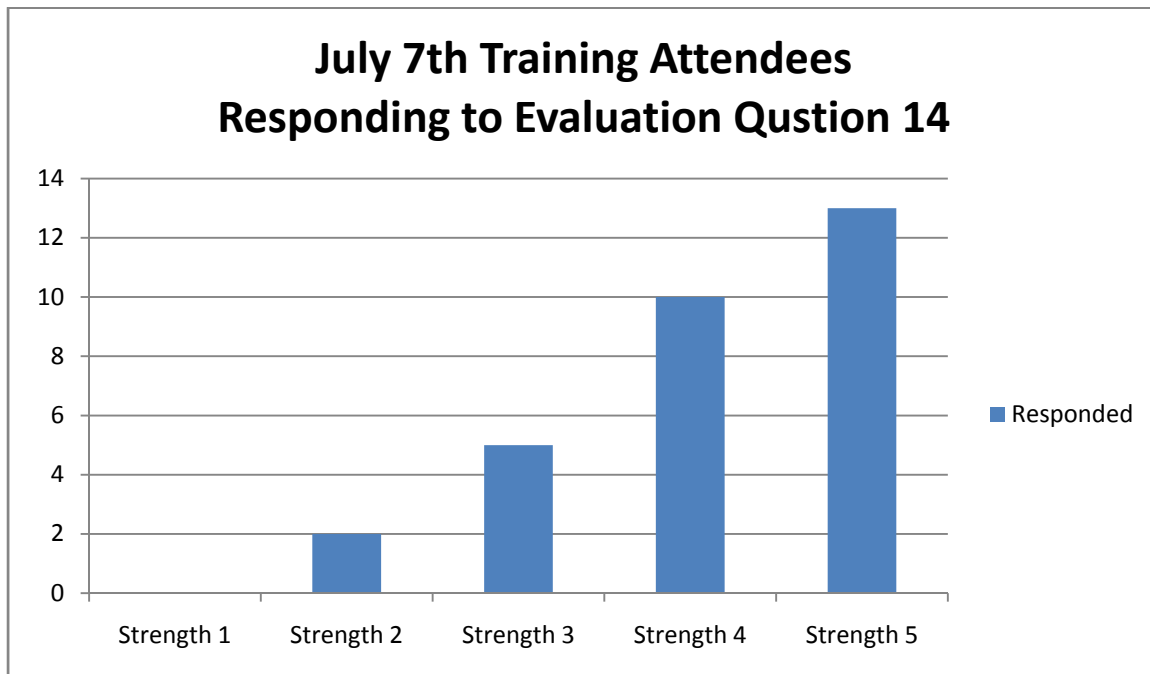
13. The training strengthened my motivation.

1 2 3 4 5



14. The training reminded me of my professional purpose.

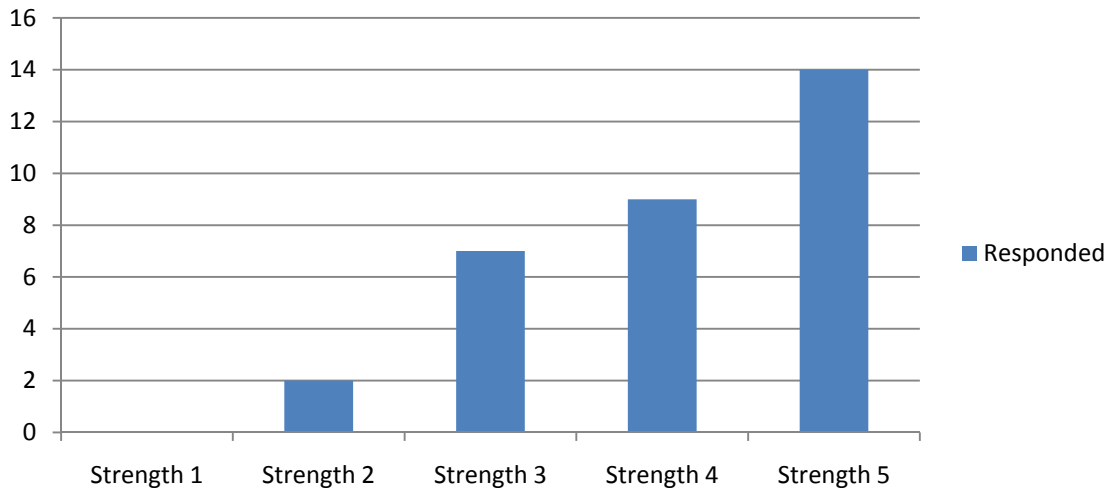
1 2 3 4 5



15. The training made me think of my past as a youth.

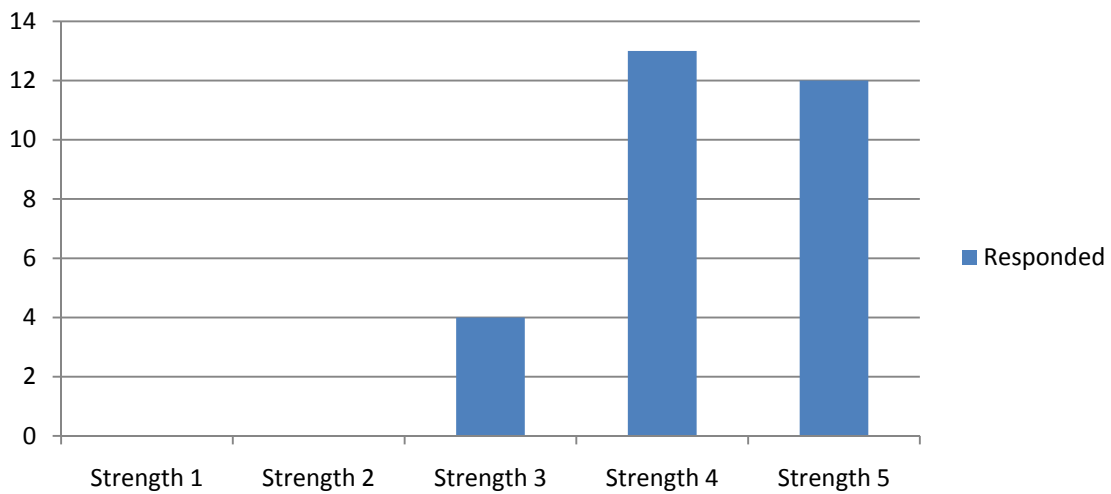
1 2 3 4 5

### July 7th Training Attendees Responding to Evaluation Qustion 15



16. I can utilize the Five Critical disciplines in my profession. 1 2 3 4 5

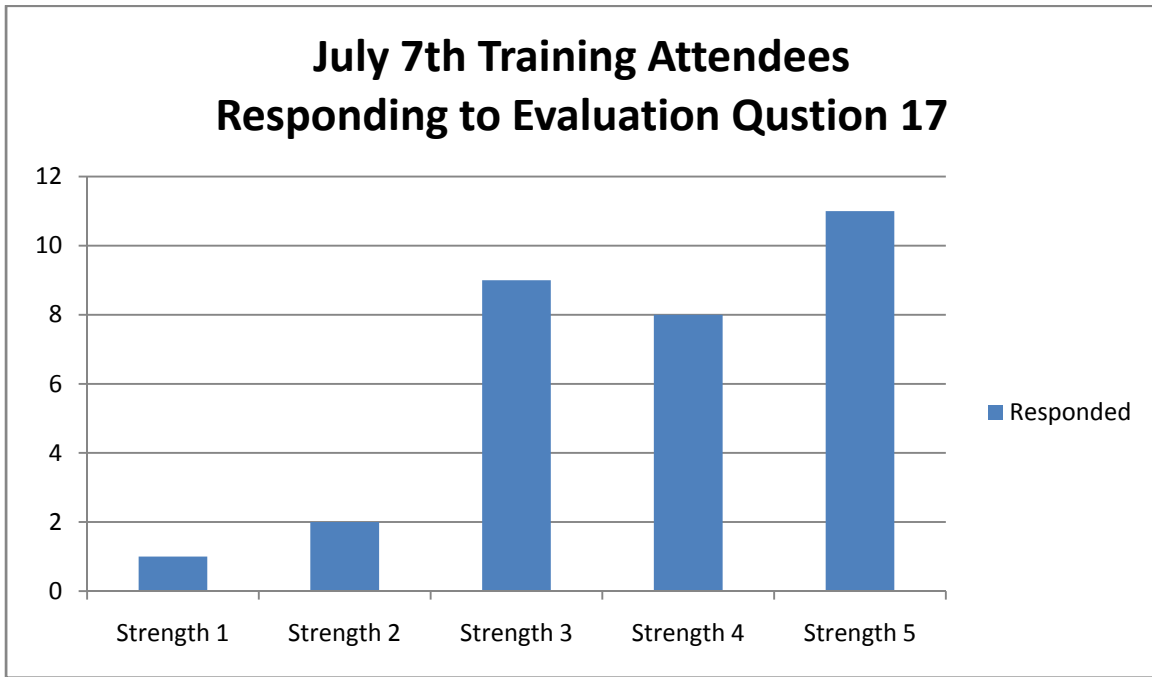
### July 7th Training Attendees Responding to Evaluation Qustion 16



17. The training helped me understand teens/young adults

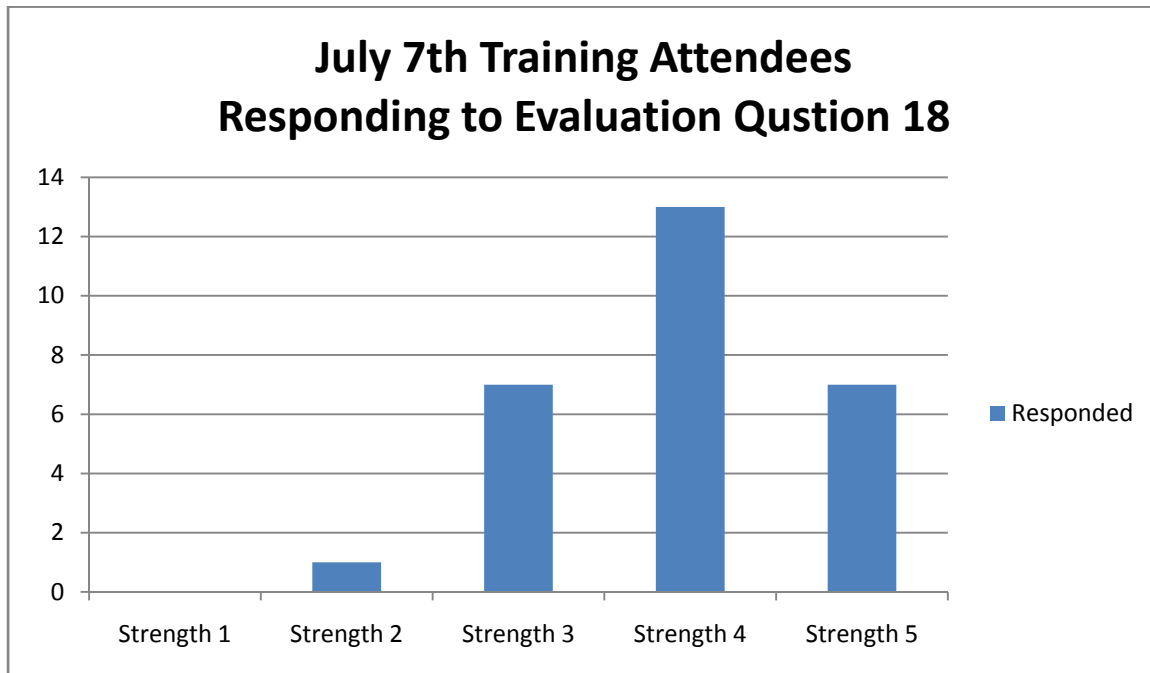
better now than before the training.

1 2 3 4 5

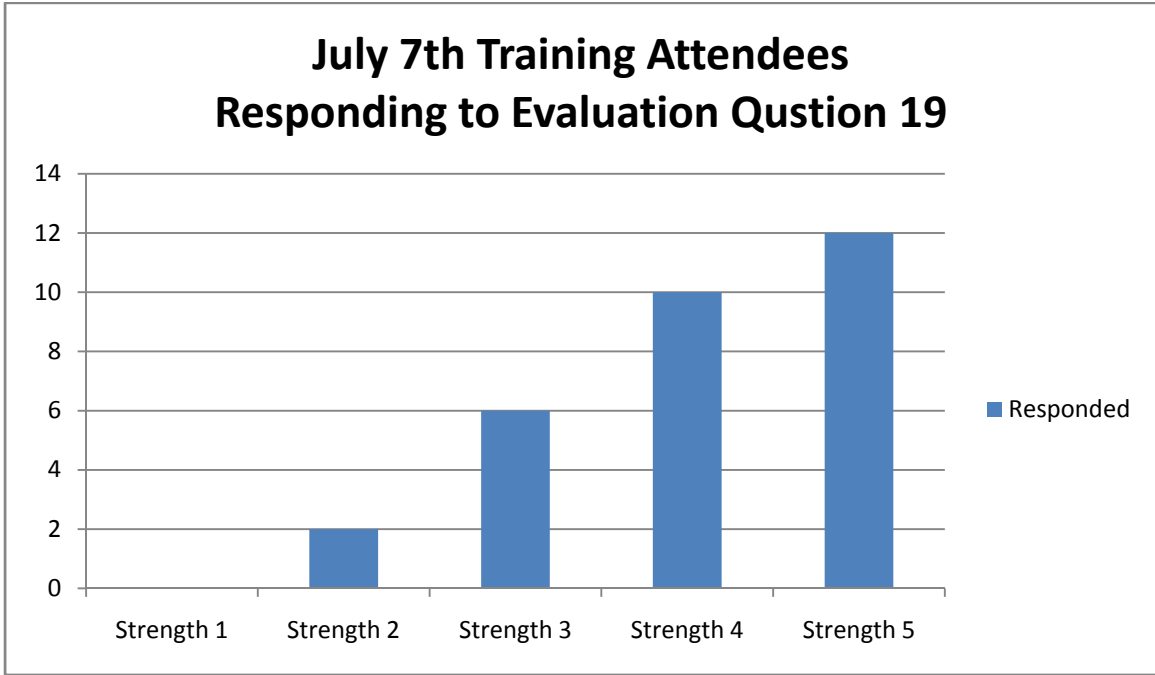


18. I was able to analyze my existing professional skills

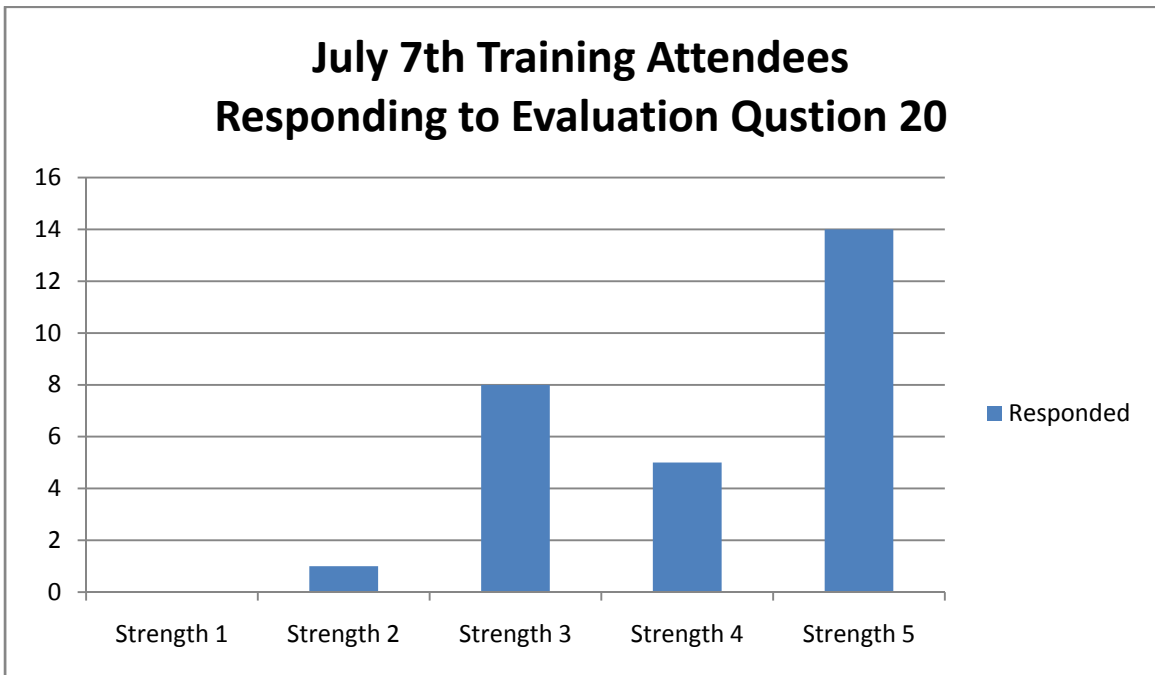
1 2 3 4 5



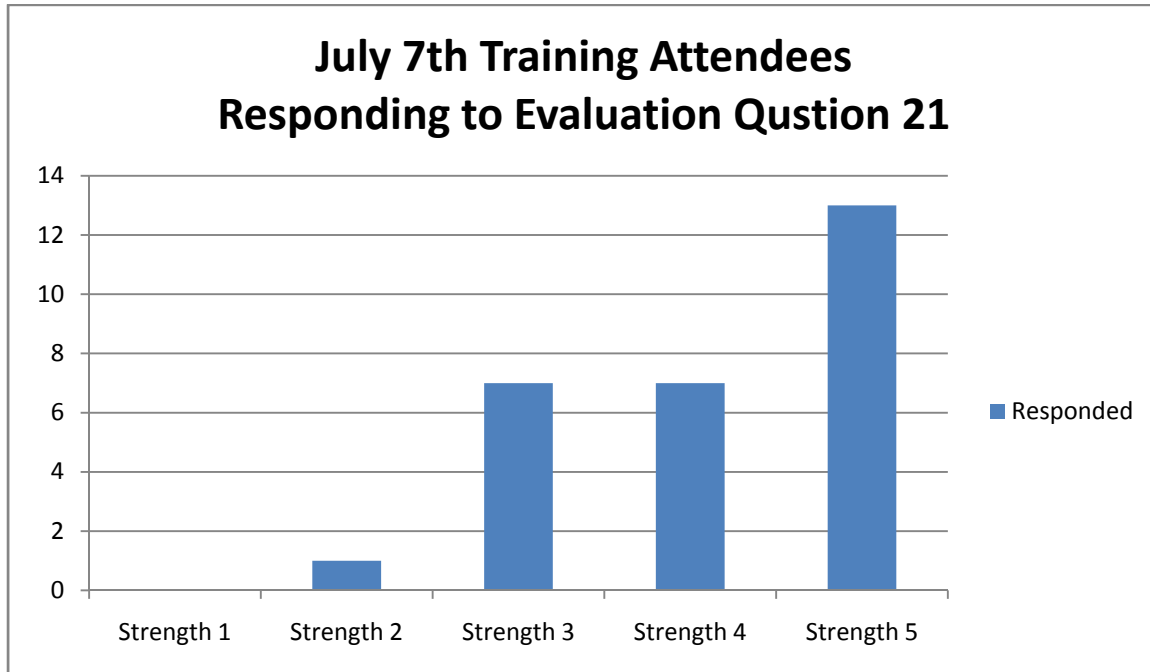
19. I can utilize the Five Critical Disciplines with my clients. 1 2 3 4 5



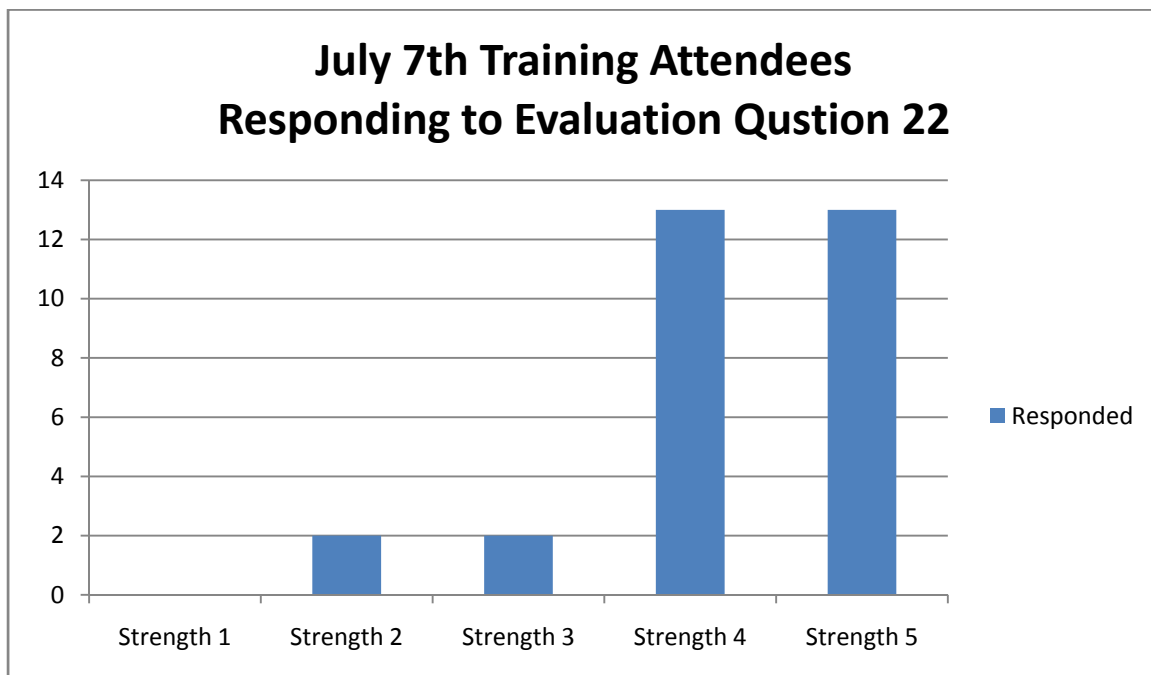
20. The training helped me better understand the challenges faced by America’s clients to succeed. 1 2 3 4 5



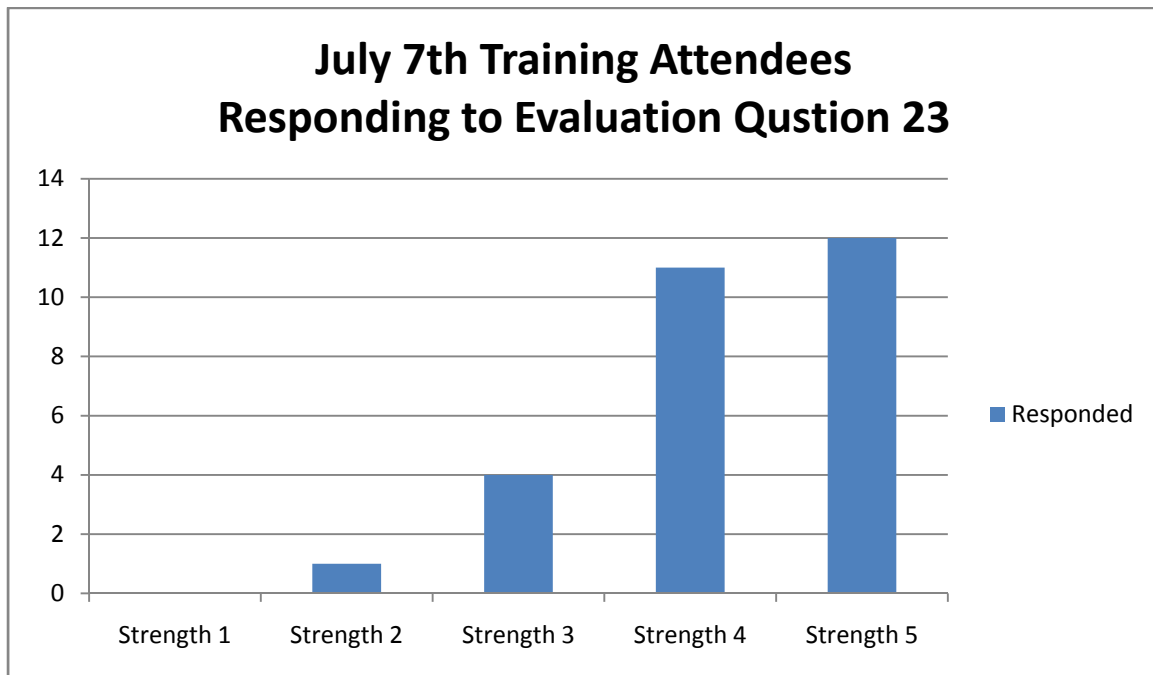
21. I feel strong about sharing the training with my colleagues. 1 2 3 4 5



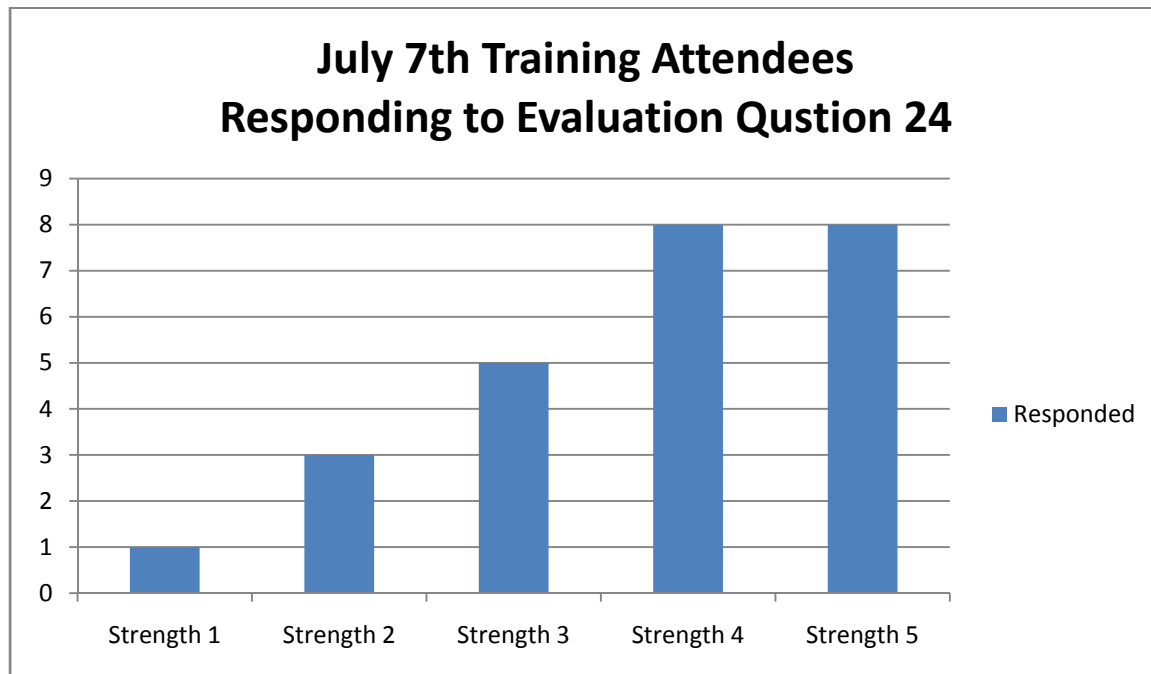
22. The training helped me understand that every individual has Inherent intelligence, talents and gifts. 1 2 3 4 5



23. The training allowed me to appreciate my dedication. 1 2 3 4 5



24. The training helped me understand 21<sup>st</sup> Century technology. 1 2 3 4 5



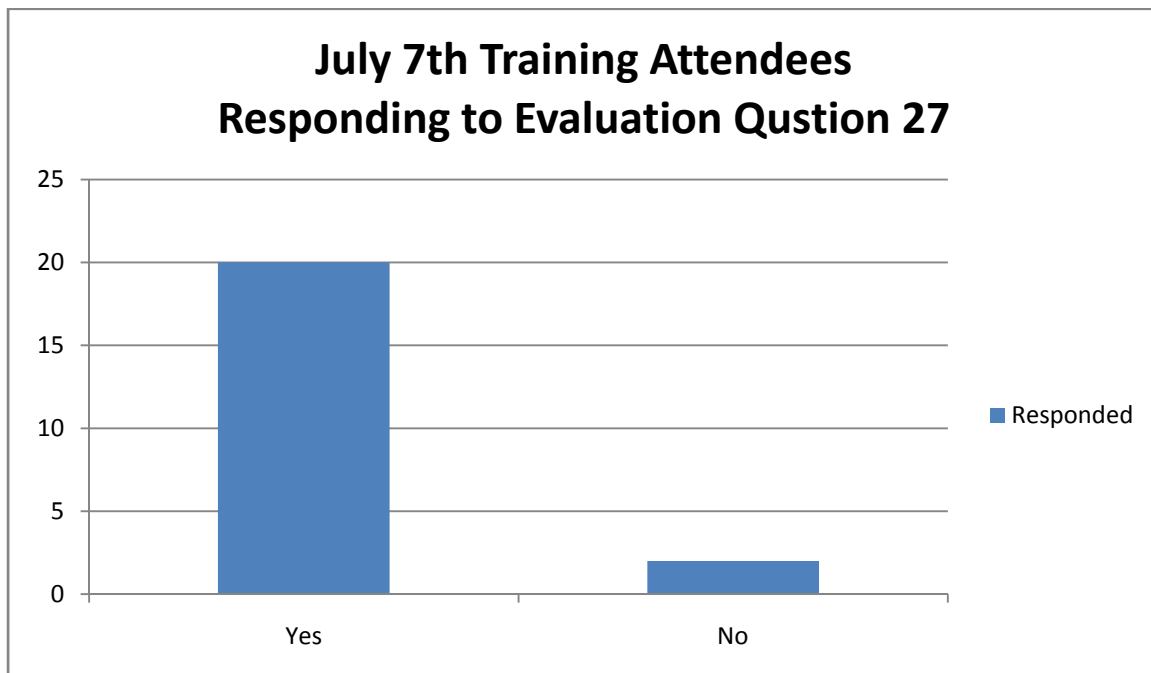
25. What did you like most from the training?

- It gave me permission to connect with my clients on a more emotional level; I have always been discouraged from doing this.
- Interesting facts.
- The open discussions
- Positive energy.
- The material.
- Interaction.
- All.
- Understanding the conditions for change.
- The balloons we had as clients.
- Stats, scenarios, information.
- First three disciplines.
- His compassion for his clients.
- The opportunity to learn new material. Great presenter.
- Doing client cases and hearing different opinions of other people and then where we might be seeing things differently.
- Hand outs.
- The references with the images.
- Sincere attitude of the presenter.

26. The training helped me to change my thoughts to better serve my clients, they are:

- Compassion, compassion, and more compassion. We could all be in their position particularly with our economics.
- Currently I haven't had the opportunity to work with clients but this class has prepared me to put my best forward.
- Remember each person has potential and it's not just a job.
- Yes.
- Understanding compassion, guiding those whom need education.
- Students.
- Yes.
- Re-enforced my thoughts.
- Watch out for prejudices in ways you don't realize and stick up for what you believe.
- To follow-up.

27. Did the Case Scenarios interconnect the Five Critical Disciplines for you? Yes \_\_\_ No \_\_\_

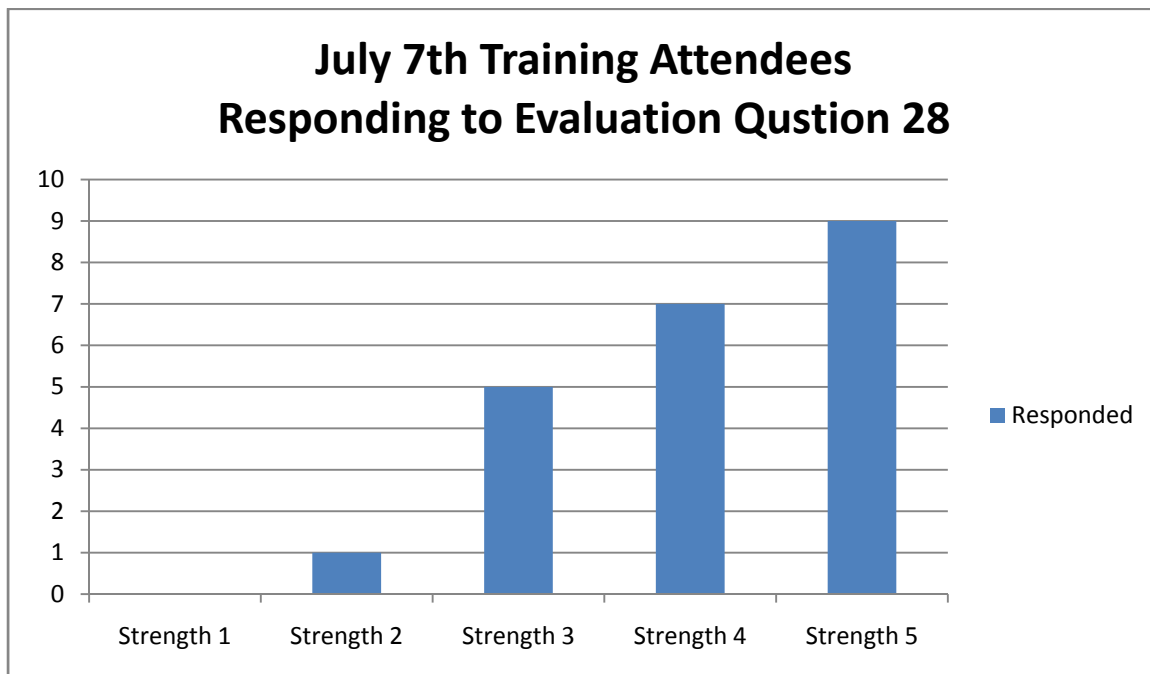


Explain:

- Wish more time had been dedicated to them.
- Gave understanding
- They all remind us of the basic needs of our clients.
- Too many individual opinions.
- Great examples.
- Good examples.
- Discussions were interesting.

28. Was the statistics helpful?

1 2 3 4 5



29. I will be glad to encourage other professionals to attend this training: Yes \_\_\_ No \_\_\_

